



CHIROPRACTIC

THE VALUE OF CHIROPRACTIC CARE

The relationship between the spine and the nervous system directly affects body function and health. Spinal misalignments, known as vertebral subluxations, can interfere with the transmission of information from the brain, over the spinal cord and/or nerve roots, to any and all body systems, organs, tissues and cells.

The resulting altered information transmission produces a serious but often painless condition called "Nervous System Stress" that can: disrupt the proper functioning of the nervous system; weaken internal organs and organ systems; lower resistance; reduce healing potential; and set the stage for sickness and disorders of all types.

Some common symptoms of Nervous System Stress include:

- altered function of muscles and organs
- lowered immune resistance
- pain
- symptoms such as acne, ear aches, constipation
- headaches
- ultimately, disease



“CHIROPRACTIC TAKES CARE OF THE SPINE ALLOWING THE NERVOUS SYSTEM TO FUNCTION OPTIMALLY. BY REMOVING INTERFERENCE TO THE NERVOUS SYSTEM, YOUR BODY IS ABLE TO UNLEASH ITS INNATE ABILITY TO HEAL NATURALLY.”

— DR. JILL BALLA SHAW, D.C.



CHIROPRACTIC

Chiropractic focuses on maintaining a healthy nervous system to naturally achieve optimal overall health. Dr. Shaw uses a broad range of techniques used to locate, analyze and correct vertebral subluxations.

These techniques include:

- Gonstead
- Thompson
- Diversified
- Activator
- Sacral Occipital Technique
- Webster – a special adjustment that balances the pelvis to allow invitro babies to get into the best possible birthing position

It is important to understand that chiropractic is not a treatment for disease. The purpose of chiropractic is to reduce Nervous System Stress and, by so doing, to permit your body's natural healing potential to resume its normal function.

Dr. Shaw reduces Nervous System Stress by analyzing the spinal column and related structures for balance and proper function. If she finds that the spinal column is subluxated, she performs precise corrective procedures called spinal adjustments.

When the nervous system is free from spinal stress, the healing power of the body is unleashed. The immune system works more efficiently, resistance to disease increases, and your body functions more optimally.

Your body can then better respond to internal and external stresses such as sickness, germs, changes in temperature and humidity, toxins, pollen and all the other stresses you come in contact with each day.



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