



NUTRITIONAL THERAPY

WHAT YOUR BODY NEEDS TO HEAL ITSELF

Nutrition therapy begins with a comprehensive assessment, the results of which help shape an individually tailored wellness plan to restore balance to your body and promote healing. At JBS Wellness we conduct EAV testing, saliva and hair mineral testing to determine what nutritional supplements you need.

It is important to identify imbalances before they become diseases. The best method to uncover how your body is using its resources is Electro-Acupuncture according to Voll (EAV*) testing, also known as Meridian Stress Assessment (MSA).

EAV is a noninvasive procedure that conducts an “electronic interview” with your body to determine where it is weak. The procedure introduces an electrical frequency through your body’s energy channels, also known as meridians, so slight that you cannot feel it. Recordings of your body’s responses to these frequencies allow us to construct a complete picture of your body’s healing priorities.

The protocol is designed to best meet your individual needs.

EAV gathers information about:

- Organs and organ function
- Nutritional status
- Hormones
- Acute, chronic or latent infections



“AT JBS WELLNESS, WE USE THE HIGHEST QUALITY WHOLE FOOD SUPPLEMENTS, HERBS AND HOMEOPATHIC REMEDIES TO GIVE YOUR BODY THE BUILDING BLOCKS IT NEEDS TO HEAL AND ACHIEVE OPTIMAL HEALTH.”

— DR. JILL BALLA SHAW, D.C.



JBS WELLNESS
CHIROPRACTIC • NUTRITION • ENERGY



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SALIVA TESTING

Saliva is a useful diagnostic tool for measurement of steroid hormones. Saliva concentration represents the free form of a particular hormone, and thus is a true reflection of its effect on the body. Assessing the various endocrine system functions is improved with the non-invasive nature of saliva collection and the convenience of multiple samples. Saliva testing can identify hormone imbalances when blood tests are inconclusive.

Tests available:

- Adrenal Stress Index
- Female Hormone Panel
- Male Hormone Panel
- Post Menopause Hormone Panel

Hair Mineral Analysis (requires only a snip of hair)

A hair mineral analysis is a screening test that measures the level of 20 minerals and toxic metals in a sample of hair which can provide pertinent information about your metabolic rate, energy levels, sugar and carbohydrate tolerance, stage of stress, immune system and glandular activity. It is a tissue mineral biopsy that is non-invasive, relatively inexpensive and extremely accurate.

Hair, like all other body tissues, contains minerals that are deposited as the hair grows. Although the hair is dead, the minerals remain as the hair continues to grow out. A sample of hair cut close to the scalp provides information about the mineral activity in the hair that took place over the past three to four months, depending on the rate of hair growth.

OPTIONS

After a full assessment, a nutritional protocol is developed to meet the specific needs of each patient. When physiological imbalances are properly identified, nutritional therapy provides the building blocks to help your body improve healing.

Conditions that may benefit from nutritional therapy include, but are not limited to:

- Acid reflux
- Acne and other skin disorders
- ADD/ADHD
- Asthma
- Autism Spectrum Disorders
- Autoimmune disease
- Chronic colds & infections
- Depression
- Diabetes
- Fatigue
- Fibromyalgia
- High cholesterol
- High blood pressure
- Infertility
- Irritable bowel syndrome
- Neurological disorders
- Stress management
- Sleep disorders
- Weight management

