



PEDIATRIC

CHIROPRACTIC CARE FOR CHILDREN

Parents do everything they can to protect their children's health. They serve nutritionally balanced meals, encourage daily exercise and insist on regular dental and eye examinations. Yet many parents neglect an important part of a childhood health care program— regular spinal checkups.

We at JBS Wellness are dedicated to providing care to your children during your pregnancies and throughout childhood. The bumps and bruises of childhood can affect the development of the spine and lead to impaired function of your child's nervous system. In turn, interference to your child's nervous system can adversely affect his body's ability to heal itself and function at its best. Monthly checkups to detect spinal problems (subluxations) are advised for all youths along with an overall nutritional assessment. If an exam shows that your child needs chiropractic adjustment, rest assured that the procedures are modified to fit a child's size, weight, and unique spinal condition. Spinal adjustments for infants and young children involve very light finger-tip adjustments. They are both gentle and specific to the child's developing spinal structures. Should your child exhibit any of the symptoms below, please schedule an appointment with us.

INFANTS (with the very young, birth trauma and car seats are common culprits of spinal misalignments)

- Failure to thrive
- Trouble breast feeding
- Colic
- Constipation
- Ear infection
- Restricted head / neck motion
- Reflux



TEENS (rapid growth spurts, puberty, sports injuries and poor nutrition can put teens at risk for subluxations)

- Acne
- PMS
- Allergies
- Obesity
- Diabetes
- Toxicity
- Headaches
- Poor posture
- Depression

YOUNG CHILDREN (frequent falls and sports activities or injuries commonly cause subluxations in young children)

- Fever
- Stomach ache
- Sore throat
- Bed wetting
- Night terrors
- Scoliosis
- Hyperactivity
- Frequent colds or flu
- Autism
- Asthma
- Precocious puberty

It is important to understand that chiropractic is not a treatment for disease. The purpose of chiropractic care is to reduce nervous system stress, a serious but often painless condition most children (and adults) have in their bodies.

For more information on chiropractic and children, visit www.icpa4kids.org.

